

Crestwood School and Sixth Form PSHE / RSE Policy



Mr S Naujeer: Assistant Headteacher and Designated Safeguarding Lead

Reviewed: 10th September 2022



PSHE / RSE Policy

PSHE is Personal, Social, Health and Economic Education. The Crestwood School believes that the successful education of the whole child is vitally important.

PSHE also supports the school's social, moral, spiritual and cultural agenda. We cover the government recommended core themes of: health and wellbeing, sex and relationships and living in the wider world (economic wellbeing, careers and citizenship). All students have a 50 minute PSHE lesson each week. They are also taught PSHE through themed assemblies and the Votes for Schools programme that looks at current affairs. Throughout the year, outside providers are also brought in to teach the students about key topics. This may be in the form of drama, a presentation or workshop.

The aim of PSHE in The Crestwood School is to teach **rights, respect and responsibility** to all of our pupils. We hope that the teaching of a variety of topics encourages these character traits in our pupils to prepare them to become good adult citizens within British society. Thus, British values are embedded throughout PSHE and the curriculum as a whole. The PSHE curriculum enables students to understand and appreciate the role of rules and laws in our society and to appreciate both their individual liberties and the liberty of others generating tolerance and understanding. Students learn about the nature of democracy and ways in which they can participate in the democratic process. The PSHE curriculum equips students with the information and strategies they need to become fulfilled and active citizens in our diverse society.

Resources are given to staff on a half-termly timetable. The schemes for learning contain a variety of activities to accommodate a variety of learning styles. The head of PSHE produces and monitors the delivery of PSHE.

Sensitive and controversial issues are dealt with efficiently. Each teacher will know their students best and will be able to ensure that all pupils feel included in the learning opportunities. All form tutors will be aware that any issues that pupils feel the need to discuss must be kept confidential unless of course it is necessary to disclose information due to a breach in the law or if there is a

safeguarding issue. The books are not marked but are a record of the discussions and the work that has taken place.

Careers education and guidance programmes are run by a designated member of staff. The programme helps to prepare young people for the opportunities, responsibilities and experiences of life. A planned progressive programme of activities supports them in choosing 14-19 pathways that suit their interests and abilities and help them to follow a career path and sustain employability throughout their working lives.

Relationships and Sex Education (SRE) form a statutory part of the PSHE curriculum. During primary school students were taught about, healthy, respectful relationships, focusing on family and friendships in all contexts, including online. In secondary school we develop this understanding and introduce knowledge about intimate relationships and sex. This information sits within the broader topic of what constitutes a healthy and age appropriate relationship. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. Before actioning the school would meet with the parents to discuss the request. Thus, please contact the school and speak to Mr Naujeer if you would like to discuss this matter further. Kind regards, Mr Naujeer

The curriculum for the 2022-2023 academic year is listed below.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 7: My School and I (Be Awesome Go Big) <ul style="list-style-type: none"> - Secondary school changes - All about Me - Setting Targets - Peer Pressure 	Year 7: My Connection to Others <ul style="list-style-type: none"> - Managing Emotions - My Feelings 	Year 7: My Body <ul style="list-style-type: none"> - Puberty - Reproduction - Keeping Healthy - Keeping Clean - Body Image 	Year 7: Social Pressures <ul style="list-style-type: none"> - Peer Pressure - Knife Crime 	Year 7: Careers <ul style="list-style-type: none"> - Business Introduction - Working Life - Consumer Rights 	Year 7: Managing My world. <ul style="list-style-type: none"> - Personal Finance - My Money - Recycling Organic Food

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 8: Healthy Relationships <ul style="list-style-type: none"> - Relationship Abuse - Consent - Relationships and Social Media. - Sexting - STIs - Contraception 	Year 8: Health and Well Being <ul style="list-style-type: none"> - Attitudes to Mental Health - Resilience - Self-harm and Eating Disorders. 	Year 8: Emotional Wellbeing <ul style="list-style-type: none"> - Sleep - Resilience - Attitudes to mental Health 	Year 8: substance Abuse <ul style="list-style-type: none"> - Drugs - Alcohol - Smoking 	Year 8: Knife Free <ul style="list-style-type: none"> - Gang culture - Education against Carrying Knives 	Year 8: The World Of Work <ul style="list-style-type: none"> - Careers - Being your Own boss - CVs and Interviews

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

	Year 9 Healthy Relationships <ul style="list-style-type: none"> - Peer pressure - Portrayals of media sexualisation - Delaying sexual activity. 	Year 9: Healthy Relationships <ul style="list-style-type: none"> - Healthy relationships - HIV and Aids - Contraception. 	Years 9: Physical Health <ul style="list-style-type: none"> - Breast cancer - Testicular cancer 	Years 9: substance Abuse <ul style="list-style-type: none"> - Drugs - Alcohol - Smoking - Alcohol - Caffeine 	Year 9: First Aid Allergies Asthma Basic Life Support Bleeding Choking Head Injuries	Year 9: The World Of Work <ul style="list-style-type: none"> - Careers - Being your Own boss -CVs and Interviews
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 10: Healthy Relationships Consent	Year 10: Living in the modern World <ul style="list-style-type: none"> - County Lines - Domestic Abuse - FGM 	Year 10: Careers <ul style="list-style-type: none"> - Exploring the world of work 	Years 10: substance Abuse: <ul style="list-style-type: none"> - Alcohol - Managing risks - Drugs and festivals 	Year 10: Relationships Fertility and pregnancy	Year 10: Mock preparation & Well Being Depression Anxiety

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 11: Healthy Relationships Consent	Year 11: Living in the modern World <ul style="list-style-type: none"> - CVs - Finance - Tax - Fraud - Pay Day loans 	Year 11: Diversity and Extremism <ul style="list-style-type: none"> - Inclusion - Bullying - LGBT 	Year 11: First Aid <ul style="list-style-type: none"> -bleeding -choking -Broken bones 	Year 11: How to Revise.	Year 11: Revision