

**Subject area**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Topics</b>	<b>Year 8: Healthy Relationships</b> <ul style="list-style-type: none"> <li>- Relationship Abuse</li> <li>- Consent</li> <li>- Relationships and Social Media.</li> <li>- Sexting</li> <li>- STIs</li> <li>- Contraception</li> </ul>	<b>Year 8: Health and Well Being</b> <ul style="list-style-type: none"> <li>- Attitudes to Mental Health</li> <li>- Resilience</li> <li>- Self-harm and Eating Disorders.</li> </ul>	<b>Year 8: Emotional Wellbeing</b> <ul style="list-style-type: none"> <li>- Sleep</li> <li>- Resilience</li> <li>- Attitudes to mental Health</li> </ul>	<b>Year 8: substance Abuse</b> <ul style="list-style-type: none"> <li>- Drugs</li> <li>- Alcohol</li> <li>- Smoking</li> </ul>	<b>Year 8: Knife Free</b> <ul style="list-style-type: none"> <li>- Gang culture</li> <li>- Education against Carrying Knives</li> </ul>	<b>Year 8: The World Of Work</b> <ul style="list-style-type: none"> <li>- Careers</li> <li>- Being your Own boss</li> <li>-CVs and Interviews</li> </ul>
<b>Assessment</b>	Students complete a green pen self-assessment at the end of each module.	Students complete a green pen self-assessment at the end of each module.	Students complete a green pen self-assessment at the end of each module.	Students complete a green pen self-assessment at the end of each module.	Students complete a green pen self-assessment at the end of each module.	Students complete a green pen self-assessment at the end of each module.
<b>H/WK</b>	N/A	N/A	N/A	N/A	N/A	N/A
<b>Arts Mark</b>	Role play and performances are used throughout the PSHE Curriculum.					

<b>Building on prior learning</b>	Over the course of the year we build on the content covered in Year 7 and develop students knowledge in the government recommended core themes of: health and wellbeing, sex and relationships and living in the wider world (economic wellbeing, careers and citizenship).
<b>Enrichment within the Curriculum</b>	Students also have one form session of PSHE a week through the Votes for Schools platform. Some assemblies will have a PSHE focus and build upon the themes discussed.
<b>Extracurricular opportunities</b>	
<b>Positive impacting on personal development (SMSC)</b>	Over the course of the PSHE curriculum students will develop a deeper understanding of the following issues: families, respectful relationships including friendships & staying safe online. They will also understand what it means to be a British and global citizen.

<p><b>Preparing for the next stage of education</b></p>	<p><b>Allows students to be aware of potential barriers to development and provides advice on how to stay safe in a modern British society.</b></p>
<p><b>Ways to support your child's learning</b></p>	<p>Praise for effort rather than being 'clever' shows them that by working hard they can always improve</p>
<p>Visits and trips Websites / books /papers / magazines TV/Films Blogs/ podcasts</p>	